

5TH ANNUAL

MIND BODY & BEYOND EXPO

SEPTEMBER 13-14 2008
LOS ANGELES
CONVENTION CENTER

NATURAL HEALTH PRODUCTS & GREEN EXPO

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September 13 & 14, 2008

Hours: 10 a.m. - 6 p.m.

Los Angeles Convention Center, South Hall G

Saturday, September 13

- 10 am - Yoga with Hilary Rubin - Anusara Yoga
- 11 am - Children's Yoga Class presented by Wai Lana
- 12 pm - Natalie Olson - Analyze Your Dreams
- 1 pm - Free Range Studios
- 2 pm - Mallika Chopra
- 3 pm - Gary Quinn
- 4 pm - Prayer For Peace with Scott Manning
- 5 pm - Greg Larsen

Sunday, September 14

- 10 am - Tai Chi with Victor Wilson
- 11 am - Children's Yoga Class presented by Wai Lana
- 12 pm - Dr. Theresa Dale - Revitalize Your Hormones
- 1 pm - P.K. Odle - Feng Shui Advantage
- 2 pm - Sherry Beall - KPFK 90.7 FM
- 3 pm - Ed Begley Jr.
- 4 pm - Gay Browne - Greenopia

Aristo Health, Inc.
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Experience

what the buzz is all about